

Book of the Month

Shine by Danny Parker and Ruth de Voss

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Sparkle bright, day and night.

This book celebrates the magic that children bring to the lives of those around them. Shine helps us to smile at all the little moments that help to bring sparkle and joy to families everyday.

Themes: Families, Belonging and Rhyming stories



Read softly and gently, letting the sing-song flow of rhyme add to your bedtime routine. Rhyming books make the perfect bedtime story.



Talk to your baby as much as possible. When it is hard to know what to say sharing books are a perfect activity. Read the words, talk about the pictures and look at your baby while you are talking – they will love to listen to your voice and watch your mouth as you speak with them.



Sing Shine the Lullaby – tune of Frere Jacques

Lullabies can calm babies and help them feel a close connection to you. Try singing this beautiful lullaby from the book.

*Morning sweetness, morning sweetness
Hello you, heart of mine
Let's start the day together,
You're the shine, you're the shine.*

*Sleep my darling, sleep my darling,
Time for bed, sparkle bright,
You're my one and only,
Kiss goodnight, Kiss goodnight.*

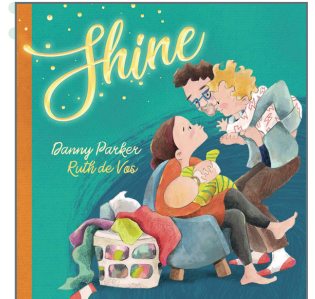


Play can be simple. You are your baby's favourite plaything. Reading books, talking with babies, singing songs are some of the simplest ways to play with babies. All they need is you!

Activity Time: Looking for a new song to sing with your little one? Try singing the extra verses of Twinkle Twinkle Little Star.



A baby's brain makes up to 1 million connections per second! Repetition of early interactions and experiences such as cuddling your baby, sharing stories and singing songs will strengthen these connections.



Adult supervision is essential. Involve and talk with your child as much as possible.

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Activity Time

Activity: Sparkle bright, day and night.

Book Title: Shine

Twinkle Twinkle Little Star

Twinkle, twinkle, little star,
How I wonder what you are!
Up above the world so high,
Like a diamond in the sky.
Twinkle, twinkle, little star,
How I wonder what you are!

When the blazing sun is gone,
When he nothing shines upon,
Then you show your little light,
Twinkle, twinkle, all the night.
Twinkle, twinkle, little star,
How I wonder what you are!

Then the traveller in the dark,
Thanks you for your tiny spark,
He could not see which way to go,
If you did not twinkle so.
Twinkle, twinkle, little star,
How I wonder what you are!

In the dark blue sky you keep,
And often through my curtains peep,
For you never shut your eye,
Till the sun is in the sky.
Twinkle, twinkle, little star,
How I wonder what you are!

As your bright and tiny spark,
Lights the traveller in the dark,
Though I know not what you are,
Twinkle, twinkle, little star.
Twinkle, twinkle, little star,
How I wonder what you are!

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