

ACTIVITY TIME

Antarctica

Moira Court

Swim with me

There are many animals to learn about in this book, this activity allows the child to make some animals to act out being in Antarctica. Make the animals and have fun singing, splashing, diving, and exploring an imaginary icy world. Learning occurs best in positive interactions, so focus on the time, the chat, and connection, not the product that is created.

You will need:

- Colouring crayons or pencils
- Pop sticks or twigs
- Sticky tape
- Scissors

What to do:

1. Colour in the template provided.
2. Assist the child to cut around the animals, modelling how to use scissors safely (pass them with the blade closed, and enclosed in your fist). Demonstrate how to use scissors. If the child shows interest allow them to practice on the paper and you help cut out the animals. Left-handed scissors are available from stationary suppliers, and children need small scissors to fit in their hand. Children's scissors are usually not very sharp but keep close attention during this process.
3. Attach the cut-out animals and adhere with tape to the sticks. Using tape is a good time to talk about how to stick things, how to cut the tape and how to measure the amount you need for the task.
4. Most importantly, talk and enjoy the time together.

Language from book: emperor penguins, right whales, petrels, orcas, squid, krill, sea stars, icefish, seals

Sing: (add lyrics to include penguins, whales, and other animals in the book)

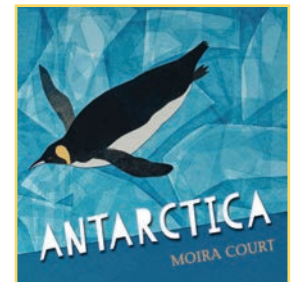
All the fish are swimming in the water (swish hands back and forth like a darting fish)

Swimming in the water

Swimming in the water

All the fish are swimming in the water (swimming motions with arms)

Bubble, bubble, bubble, bubble...SPLASH! (big clap to SPLASH)



Adult supervision is essential. Involve and talk with your child as much as possible.



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