

# ACTIVITY TIME

## Where's My Baby?

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### Touch and Learn

#### You will need:

- Basket with low sides
- A range of objects that are soft, hard, spikey, shiny, fluffy

#### What to do:

- Choose a time when baby is ready to engage.
- Ensure all items are clean and baby safe.
- Encourage baby to explore the objects.
- It's ok if objects touch baby's mouth as this is a way to sense and learn for babies (always supervise for safety).
- Name the objects by showing them to baby, holding them and letting them touch the object as you name it.
- Describe the object with a word like soft, hard, or whatever suits the objects you have chosen.
- Have fun together by following baby's interest and allowing them to spend as much time as they need with each object.

#### Milestones:

By the time baby is **3 months** old baby should:

- While lying on back, attempt to reach for a toy held above their chest
- Visually track a moving toy from side to side

#### At 6 months

- Reach for nearby toys while on tummy

#### At 7-9 months

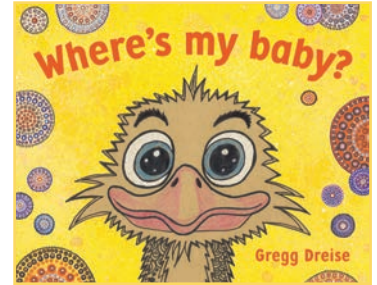
- Investigate shapes, sizes and textures of toys and surroundings

#### At 10-12 months

- Explore toys with hands, fingers and mouth

<https://pathways.org/watch/0-to-3-month-baby-sensory-milestones-to-look-for/>

**Key message:** Children are born ready to learn



Adult supervision is essential. Involve and talk with your child as much as possible.

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